

HOW TO STEEP



1 tsp (2.3g) 8 fl oz water

BLACK..... BOIL 100°C (212°F) - STEEP for 3 -5 minutes

ROOIBOS..... BOIL 100°C (212°F) - STEEP for 4 -6 minutes

GREEN..... BOIL, rest for 2 minutes to bring temperature to 90°C (175°F)
STEEP for 3 -5 minutes. Can be re-steeped 2 - 3 times for added value and enjoyment.

HERBAL..... BOIL 100°C (212°F) - STEEP for 4 -6 minutes

OO LONG BOIL, rest for 2 minutes to bring temperature to 90°C (175°F)
Rinse the tea in the hot water then STEEP for 3 -5 minutes.
Can be re-steeped 2 - 3 times for added value and enjoyment.

